## WE BRING ACTION TO YOUR SCHOOL WITH:

- Professional coaches, team builders and mentors.
- Innovative age appropriate equipment.
- Detailed, structured and organized obstacle courses and curriculum custom designed for each school, class or event.
- Unique ability to blend fun, hard work, experience, creativity to every student that is registered.
- A functional fitness program that increases athleticism, creativity, and discipline.

## FIRST THROUGH EIGHTH GRADE

We Use Gymnastics, Fitness, Movement, and Acrobatics as a vehicle to:

- Empower youth with athleticism, creativity, and discipline.
- Build confidence and individual strengths in students and then blend their individuality with teamwork.
- Overcome obstacles.
- Learn to set goals, readjust, reset, and try again.
- Boldly advance physical and mental skills that seamlessly transfer to the world that youth live in today.

## PRE-SCHOOL THROUGH KINDERGARTEN

Our Pre-K through Kinder program focuses on the development of fine and gross motor skills, developing fitness fun and gymnastics tricks. Our tiniest athletes have big successes using circuits and stations and assures that these active children have a safe environment for their energy burning fun!



## **OUR PHILOSOPHY**

We believe that tumbling, acrobatics, strength and fitness skills should not only be technically accurate and safe, they should also be challenging, empowering and fun. Because each student is unique in their strengths and experience, we focus on the learning experience of every athlete as an individual.



The ACTION staff helps your athlete to ACHIEVE tumbling skills that have been just out of their reach -- from walkovers, cartwheels and back handsprings, to aerials, back tucks and full twists.





WHO SAID OBSTACLES ARE A BAD THING?

Action Academy is a movement for the youth of local communities. Through the actions of Tumbling, Acrobatics, Parkour style fitness skills, participants will learn how to set goals and think boldly outside the box.

Action Academy equips students with the tools, goals, motivation, and confidence that they need in order to make their impossible, possible. A truly unique experience for every participant, Action Academy will push the boundaries of anyone experiencing a class, no matter who they are or where they come from. Setting students up with big dreams today, so they can thrive in a successful future tomorrow.

**ACTION** 

We Are Licensed, Insured, And Credentialed Your Child's Safety Is Our #1 Priority

**WE BRING THE ACTION TO YOU** 

"As an elementary school teacher, I've seen firsthand how important it is for our kids to maintain a good level of activity in their daily routine. Action Academy is an excellent program that not only inspires children to become more active, but also helps our school by awarding much needed support to our physical education department. Together we partner for the good of the student and the school. I recommend to all schools that they participate in this program."

~ J. Lange, Teacher



"The completely mobile program brought a totally high energy, fun, fitness class right to my daughter's school! The top-notch coaches, age-appropriate equipment and professionalism made for an awesome experience for each child. My daughter came home so excited about Action Academy! She was exhausted but super happy and couldn't wait to tell me about everything that she did! She learned something new each week, and set goals and then blew past them! I can't wait to sign her up again!

~Stacey G. Parent

For Information and Registration

805.400.9327 www.ActionAcademyHQ.com



